



Ritual Work

Performing a *Ritual* can be done as frequently as needed. This is a time to create a space or "hold space" for thoughts, feelings, ceremony or work that really needs special attention.

Remember, this is YOUR work & RITUAL. How you perform it is your Rite. Enjoy the process, give yourself time to learn & grow. After performing a few *Ritual's* you will begin to find your flow & from there, let YOUR Magik grow. xo



1. Clearing Space

Clearing your space that the Ritual will take place in is VERY important. It clears the energy of heaviness and leaves clear, fresh, positive space for you to work in.

Use any of the following to assist you:

- Sage
- Palo Santo



3. Setting Intentions

Now it's time to do the work! This can be done quietly or with a great, passionate voice. The idea is to set the desire in motion. The key is to already believe that it has occurred & visualize it happening. This can be for releasing or requesting.

Always for your highest good & harm to none!



2. Opening Circle

Opening a circle is declaring that the immediate area you are working in will be protected and only used for your highest good.

This is done by taking a crystal or wand in hand and moving it clockwise around you imagining a bright light following your movement.



Once the circle is created, please do not move out of it until your ritual is complete

4. Closing Circle & Ritual

Closing the circle & ritual is sending the intention out and giving gratitude.

Take the time to thank the Elements, Directions, Guides & Ancestors as they have all been with you during this time.

Take the wand or crystal used and move it in a counter-clockwise direction sending that beautiful, white light back to the Earth with love. xo

